



If you were asked to describe the “*Big Picture*” of your relationship with your mate **right now**, which would be closest to your reaction?

- Your heart flutters with excitement at the thought of your newfound love, and your dreams and hopes together.
- You pause and feel the warmth you have for your partner—warmth that often gets buried under piles of laundry or stacks of bills, but quickly surfaces again given the opportunity.
- You yearn for some time and freedom to be alone with your partner—away from the kids and your careers and the endless responsibilities that have taken over much of your lives.
- You’ve been fighting or avoiding one another—so many topics are unresolved and the resentment is growing—you are tired of the discord



- You remember the dreams the two of you had talked about accomplishing together but have never been able to attain.
- You remember the way you felt long ago, when you and your partner first fell in love—and you wonder how so many of those feelings have disappeared over the years.
- You feel both frightened and hopeful—hopeful because after a string of poor decisions about partners, you’ve finally committed yourself to someone wonderful, but frightened that you may make the same mistakes all over again.
- You wonder, now that the kids are finally grown up or because you’re nearing retirement, if the two of you can renew the passion and commitment you felt for each other so many years ago.

If any of these feelings resonates with you, welcome. You’ve come to the right place. I’ll guide you through the 10 Steps approach of Big Picture Partnering, a program that helps couples rejuvenate their romance and create a new and ongoing relationship based on commitment, support, adventure, and joy.



We all know the attraction, excitement, and understanding that accompany the early days and months of courtship. This initial connection often wanes as we take one another and our relationship for granted. After we've been together for a time we often feel as though our friends and colleagues treat us better than our closest loved one does. How can we keep the good feelings alive or reinvigorate them if they have diminished? *Big Picture Partnering* will show you how.

In this day and age, with so many choices, relationships are more confusing than ever. And we are living so much longer that finding ways to keep love alive is challenging for everyone. There is no longer one formula for a healthy, satisfying relationship. Years ago (in your grandparents' and great-grandparents' day) when there were fewer options, people knew what was expected of them and of a relationship. They did not question their happiness or satisfaction as we do today. They often married, sometimes for love, but almost always for survival and economic reasons.

All that has changed. We want and expect so much more. We want to be fulfilled as individuals and we want to love and be loved, to be happy in our most important relationship.



With many two career couples, couples running businesses individually or even together, and couples committed to one staying home to run the household organization supporting one career, the stressors can be high, choices numerous. Staying connected to one another, your values and vision is more important than ever.

Big Picture Partnering offers a new model. In this easy to follow program, you will learn the concepts, tools, and skills that help you create a satisfying partnership *together*—a partnership that is as satisfying as your work, your friendships, and your hobbies. *Big Picture Partnering* will teach you how to put things right when they have gotten off track. *Big Picture Partnering* is the solution. It isn't just a skill or technique, nor is it therapy or fixing what's wrong with either partner in the relationship. *Big Picture Partnering* teaches you the 10 Steps that, when combined and practiced consistently, keep your connection alive and your relationship rock-solid. This Big Picture approach is a completely different way of being in a partnership—and of being together in the world—that offers couples lives full of spontaneity and possibility.



Big Picture Partnering:

The Ten Steps to Your Best Relationship

Step 1: Increase the Positive Between You

Step 2: Talk Regularly and Take Turns Listening

Step 3: Deepen Your Individuality to Strengthen Your Relationship

Step 4: Discover the Depth of Your Commitment

Step 5: Address Any Issue Together—Whether It's Yours, Mine, or Ours

Step 6: Understand How You Manage Conflict

Step 7: Put Your Issues on the Table so They Don't Come Between You

Step 8: Turn Problems into Mutual Goals and Work Toward Them Together

Step 9: Practice the Art of Heartfelt Listening

Step 10: Resolve Conflict and Create New Options Together