

6 Keys to Unlock a Long-Lasting Relationship

These mindset, tools and skills of the **Big Picture Partnering** approach will benefit you for a lifetime.



1. Style

What style of relationship do you have now?

Assess the style of relationship you have now. Put aside anything that's not working while you learn a new way.



2. Positive

Increase the positive to stay happy

Keep your emotional savings account overflowing in good times and when confronted with challenges.



3. Listening

Take Turns Listening to One Another

It's not about "fixing" things. Create a thread of meaningful communication that sustains you at all times, especially during busy or stressful times.



4. Practice

Practice being a Teammate

It's not 50 - 50. It's 200%. Giving your 100%, 100% of the time. Be accountable. Stand still when stressed. Show up and stay connected.



5. Solutions

Work for Win/Win Solutions Together

It's not how much you fight or differ. It's about being effective. Practice mutual ways to listen and identify what's important to each of you. Then agree on win/win solutions you act on.



6. Dreams

Work Toward Dreams Together

Working together you will clean up whatever is not working in your relationship, then focus on what's most important to you—your Big Picture Dreams!

Go farther, faster. Learn more about the Big Picture Partnering approach. Get started with a complimentary consultation.



Dr. Jan Hoistad Partners
drjanhoistadpartners.com (952) 922.9430

