

When faced with a Choice Point

Go Further, Faster

In Business, Career, Life, and Relationships

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WHAT is a Choice Point?

Over the course of business, career, and personal life, there are times when change is desired or required. **It's a Choice Point.** Reactivity may sideline you with a lifetime of consequences. **Responding strategically, aligning your whole life** behind your decisions, brings **confidence as you build toward a better outcome.**

- Know where you want to go or grow.
- Get clarity on how to get there.
- Develop a plan for the results you want.
- Bridge to your longer-term desires.
- Integrate personal and professional life.

The **4 Steps** when making Choice Point decisions:



ALIGN

This phase is all about you and **becoming fully aligned within your career or business, and also within in your home and personal life.** It includes aligning values and purpose with capabilities and experience, plus those internal drivers that make you truly thrive. When this is off, you and everyone around you loses out. You cannot bring your best self and full engagement to every aspect of your life.



ASPIRE

This is getting in touch with **your whole-life ambitions, within the context of the next phase you face.** Making sure it is a stepping-stone to future dreams and not a derailment. Not settling for less than what you want, your definition of success and fulfillment.



ACT

The focus is on **strategizing realistic goals and action steps,** building toward the results you wish to achieve. In this phase you **actively engage with 100% accountability for actions leading to short-term results, within your big picture desires.**



ACHIEVE

Choice points arise frequently in your life, large and small. Fully aligning yourself and integrating your life make decisions on your own, and within all your relationships, go so much more smoothly. **Clarity brings confidence that all your actions lead to the achievements important to you.**

Align,
Aspire,
Act,
and
Achieve.



Check these Boxes

Do you sometimes feel:

Like you're not making any progress?

Yes No

That solutions are like temporary bandages?

Yes No

You keep ending back at the same place?

Yes No

Our Services Will
Align
You
To
Achieve!



Go Further,
Faster.
Live the Life of
Your Dreams!

Start Here



By **9 months** you'll have made significant progress toward achievements you thought you might tackle "someday," 3, 5, even 10 years out.

Begin now. Within **3 months** you'll be well on your way. Clarified goals and action steps.



Hi there!

I'm Dr. Jan Hoistad and I've been helping people achieve their business, career and personal goals for over 30 years. **Facing a choice point? There's always a way!**

Let's get strategic and get results for you!

Let's Connect!

Complimentary
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